



**PRO(F)
LITERACY 2.0**

EXCHANGE OF GOOD PRACTICES

8th to 14th of December of 2023

Guimarães, Portugal



Comissão
Europeia




Agência Nacional
Erasmus+ Juventude/Desporto
Corpo Europeu de Solidariedade

ABOUT THE PROJECT

In everyday life, citizens face many financial decisions, such as managing the family budget, savings, investments, loans, or consumption. Therefore, financial literacy is fundamental to a healthier economy and an inclusive and equal society. Despite this importance, according to the S&P Global FinLit Survey, "Financial literacy rates vary widely across the European Union. On average, 52 percent of adults are financially literate". According to the UN - Report on the World Social Situation 2016, as a direct consequence of the lack of financial literacy skills, different forms of social exclusion arise based on poverty and social disparities. And several authors agree that there are groups at a more significant disadvantage, with data suggesting that levels of financial literacy are negatively associated with indicators of social mobility and poverty/social exclusion (Batsaikhan and Demertzis, 2018, "Financial literacy and inclusive growth in the European Union", Policy Contribution, Issue n.8).

Today, in a scenario of economic and social instability intensified by COVID-19 and the conflict between Russia and Ukraine, young people - future adult generations - face increased difficulties in building their future, especially when seeking personal and financial independence. This reveals the urgent need to continue investing in promoting financial resilience and empowering young people for the transition to independent living.

This is the motivation for PROACTING and the rest of the consortium to implement this project, namely to maintain and improve the work of empowering young people with the necessary skills to prevent and/or combat phenomena of poverty and/or social exclusion, facilitating their transition to independent living. By addressing a problem that is global in scope and has harmful effects on the population, this project will develop work that is relevant to the generations of young people who are increasingly informed, aware, critical, and prepared to deal with the financial issues they face in their daily lives.



AIMS OF THE PROJECT

The project aims to combat social exclusion and/or poverty among young people, resulting from low economic and financial knowledge, through:

- Test/revise/update the PRO(F)LITERACY intervention program;
- Disseminate and exploit the PRO(F)LITERACY 2.0 program in practice and on a European scale, to train youth workers in financial literacy work and increase the literacy of young Europeans;
- Create sustainable international work networks in the field of financial literacy.



AIMS OF THE MOBILITY

The “Exchange of Good Practices” has as main objectives:

- Transfer of knowledge, experience and practices of financial literacy among Youth Workers;
- Presentation of the PRO(F)LITERACY intervention program.
- Preparation of the Local Sessions, including the co-production of guidelines to guide local international work.
- Contributing to the continuous updating of PRO(F)LITERACY 2.0.
- Development of economic-financial, entrepreneurial and lifelong learning skills;
- Recognition of new practices, tools, methods and methodologies for intervening with young people, particularly in the field of financial literacy;



PARTICIPANTS PROFILE

4 Youth Workers per Organization

- + 18 years old
- active in the youth field
- with knowledge about the project
- with the capacity to intervene and involve young people in the empowerment process for the development of key competencies for lifelong learning and financial literacy;
- with the capacity for future implementation and/or transfer of knowledge;
- with knowledge about NFE methodologies
- with basic knowledge in English



ABOUT GUIMARÃES



Guimarães is considered the birthplace of Portugal because the first king of Portugal, Afonso Henriques, was born there.

Associated with the Portuguese identity, the historic center of Guimarães, in the area inside the walls, was classified as a World Heritage Site by Unesco based on the values of originality and authenticity with which it was recovered.

From Guimarães, cities as Porto and Braga are easily reached.

ACCOMODATION



All participants will be accommodated at Pousada da Juventude de Guimarães.

The rooms will be distributed with a maximum of 6 people with a shared bathroom.

Check in: 8th December after 18h

Check out: 14th December until 12h

Adress:

Complexo Multifuncional de Couros, Largo do Cidade, 8
4810-430 Guimarães
Portugal

Find out more about the Pousada here:

<https://www.pousadasjuventude.pt/pt/pousadas/pousada-de-guimaraes/>

MEALS AND ACTIVITY ROOM

Meals



8th of December: For those who need it, on the day of arrival there is a budget up to 7,5€ for dinner. We recommend *francesinha* in the city of Porto, but we can also recommend you cheap restaurants in Guimarães.

9th-13rd December: Breakfast , lunch and dinner will be at the accomodation.

14th December: Breakfast will be at Pousada da Juventude.

Important Note: Allergies and food restrictions will be taken care of.

Activity Room

The activities will take place in the meeting room of the venue and outdoors (if the weather allows it).



REACHING THE VENUE

Travel Dates: 22nd November (arrival) | 28th November (departure)

Closest Airport:

The preferential airport for reaching the Youth Exchange area is Francisco Sá Carneiro Airport (OPO).



REACHING THE VENUE

From the airport to Guimarães:

Francisco Sá Carneiro airport is just 40 minutes away, and you can easily access Guimarães via direct bus transfer.



Link to the bus transfer: <https://www.getbus.eu/>

From the Porto city center to Guimarães:

From the Porto city center, you can access Guimarães by train.



COMBOIOS DE PORTUGAL

- **Duration:** 1h 15 minutes approximately.
- **Station:** São Bento Train Station.
- **Address of the Train Station:** Praça de Almeida Garrett, 4000-069 Porto.

For information about the train: <https://www.cp.pt/passageiros/en>.

TRAVEL COST AND REIMBURSEMENT

To reimburse you for the costs, you need to keep all **ORIGINAL** boarding tickets (plane, metro, train), reservations and invoices.

Be aware that the amount to be refunded corresponds to the exact price that you have spent as long as it is within the maximum established by the program.

If any documents are paper format, and it was not possible for them to be provided during the Youth Exchange, you will need to send them to:

Rua do Freixo, nº979, E1.2. 4300-218 Porto, Portugal



DO NOT FORGET to ask for invoices with the VAT number in all the transportation you take.

VAT NUMBER

515385166

In case you need more than the number to fill out the invoices:

Name: PROACTING - Associação

Address: R. do Freixo 979, E1.2, 4300-010 Porto, Portugal

TRAVEL COST AND REIMBURSEMENT

The following table refers to the travel budget for each organization.

Organization	Budget (TOTAL)	Calculation	Participants
Proacting (Portugal)	92,00€	(23,00€ x 4 px)	4 Youth Workers
Evolving Youth (Latvia)	1440,00€	(360,00€ x 4)	4 Youth Workers
EUROSUD (Italy)	1440,00€	(360,00€ x 4)	4 Youth Workers
EKO Greece (Greece)	1440,00€	(360,00€ x 4)	4 Youth Workers
AVATUD (Estonia)	2120,00€	(530,00€ x 4)	4 Youth Workers

Important note: We kindly ask you that before purchasing the airplane tickets, please share your travel plan for our approval.

WHAT TO BRING



ID Card/Passport and European Health Card.



We want to reduce the use of plastic and paper waste. In this sense, we ask you to bring a mug that you can use to drink tea or coffee during activity breaks and also, your bottle of water.



Computer or another working device

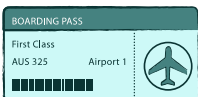


Check the weather before coming to Portugal. It is pretty unpredictable!

Bring also appropriate shoes and clothes.



Personal items you might need (medication, toothbrush, etc.)



All your travel documents.



For cultural exchange, arranged by the participants, please bring food and drinks from your own country as well as flag or a scarf!

